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## Starters

## Blarney Chips

**INGREDIENTS: Fries: Potatoes,** Vegetable Oil (Canola, Palm, Soybean and/or Sunflower Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum. **Guinness Cheese Sauce: Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Worcestershire MALT VINEGAR (BARLEY), SPIRIT VINEGAR, WATER, REFINER'S MOLASSES, SUGAR, SALT, ANCHOVIES (FISH), TAMARIND EXTRACT, ONIONS, GARLIC, SPICE, NATURAL FLAVOUR **Garlic, Thyme, Onion, Guinness** roasted barley, malted barley, hops, yeast, water **Cholula Hot Sauce** Water, Peppers (Arbol and Piquin), Salt, Vinegar, Spices and Xanthan Gum. **Parmesan Cheese** (Pasteurized Milk, Salt, Calcium Chloride, Microbial Enzyme, Bacterial Culture, Lipase, Cellulose, Natamycin), **Cilantro, Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, Tabasco [High Fructose Corn Syrup, Red Pepper, Sugar, Distilled Vinegar, Pear Concentrate, Garlic, Water, Onion, Tabasco Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Ginger, Salt, Xanthan Gum and Spices], Garlic, Lime Juice, Cumin, Coriander, Cayenne Pepper **Vinegar Red Wine:** 5 ACETIC ACID, CONTAINS SULPHITES **Sauce Worcestershire** MALT VINEGAR (BARLEY), SPIRIT VINEGAR, WATER, REFINER'S MOLASSES, SUGAR, SALT, ANCHOVIES (FISH), TAMARIND EXTRACT, ONIONS, GARLIC, SPICE, NATURAL FLAVOUR. Marble Cheddar Cheese Blend [Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin], Paprika (Paprika, Silicon Dioxide, Ethoxyquin). **Sour Cream:** Cream, Milk, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Sodium Citrate, Sodium Phosphate, Bacterial Culture. **Jalapenos:** Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite (Sulphites), Curcumin. Green Onion. **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), **ALLERGEN WARNING:** Contains Milk, Soy, Sulphites, Mustard, Gluten.

## BBQ Chicken Flatbread

**Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour),. **Caramelized Onions:** Onion, Milk (Butter) Sugar, Canola Oil, Jameson Whiskey (malted barley, maize, water. **RANCH DRESSING:** CANOLA OIL, WATER, FROZEN EGG YOLK, BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE), WHITE VINEGAR, SUGAR, SALT, DRIED GARLIC, MODIFIED MILK INGREDIENTS, DRIED ONION, NATURAL FLAVOUR, LACTIC ACID, SPICES, MUSTARD FLOUR, XANTHAN GUM. CANOLA OIL. CHIVES. **Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. **Jameson BBQ Sauce:** Crushed tomatoes ( tomatoes, citric acid), Ketchup( tomato paste[Tomatoes], liquid sugar, white vinegar, salt, onion powder, spices), Molasse, Honey, Brown sugar, Apple juice ( apple juice from concentrate [water, concentrated apple juice], apple juice not from concentrate, vitamin C), Cider vinegar, Chipotle sauce ( Chipotle peppers, distilled vinegar, water, salt, sugar, onion powder, garlic powder, spices, natural flavour, **Cajun Chicken:** Boneless Skinless Chicken Thigh, Canola Oil, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), pepper Pulp [Red Pepper, Distilled vinegar, salt] ) , Jameson Whisky, Worcestershire sauce (water, white vinegar, blackstrap molasses, glucose-fructose, salt, soy sauce [water, salt, hydrolyzed soy protein, corn syrup, caramel], caramel, tamarind concentrate, anchovies , spices, polysorbate 80, oleoresin capsicum, garlic extract, soy flour), Sriracha sauce ( chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulphites, xanthan gum), Xanthan gum, Soya sauce ( water, hydrolysed soy proteins, salt, caramel colour[sulphites], glucose solids, sodium benzoate, citric acid), natural smoked flavour, Onion salt( salt, onions, tricalcium phosphate, sunflower oil), Garlic, Smoked paprika, Black pepper. Contain: Fish, Soy, sulphites. , **Pickled Jalapeno** (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin), **Parsley, Flatbread** Enriched wheat flour, Water, Soybean and/or canola oil, Cultured wheat flour, Salt, Sugar, Dried sourdough (wheat flour, rye flour, yeast, ascorbic acid,

amylase, xylanase), Yeast, Extra virgin olive oil, Mono- and diglycerides, Durum wheat semolina. Contains: Wheat, Rye. May contain: Eggs, Milk, Sesame seeds, Soy.

**ALLERGEN WARNING:** Contains Egg, Soy, Sulphites, Mustard, Gluten, Milk, Fish

### Gouda Bombs

INGREDIENTS: Gouda Cheese (milk ingredients, modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride), Toasted wheat crumbs with spice extractives, Water, Modified corn starch, Yellow Corn Flour, Wheat flour, Vegetable oil, Sugars (corn maltodextrin, dextrose), Soy protein isolate, Baking powder, Defatted Soy flour, Milk Ingredients, Guar gum, Dried egg white, Natural smoke flavor. Extractives of paprika, salt. smoke flavor. Extractives of paprika, salt. **Parsley**, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), **Chili Aioli** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice) Red Chili Flakes, Red Pepper, Sugar, Garlic, Ginger, Tabasco Sauce (Distilled Vinegar, Red Pepper and Salt), Lemon Juice, White Pepper, Salt. Lime Juice. Soy Sauce. Water, wheat, soybeans, salt, sodium benzoate: Less than 1/10 of 1% as a preservative mixing agent.

**ALLERGEN WARNING:** Contains Egg, Soy, Sulphites, Mustard, Gluten, Milk

### Cauliflower Wings

INGREDIENTS: **Tempura Cauliflower:** Cauliflower, Enriched Wheat Flour, Yellow Corn Flour, Wheat Starch, Salt, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Emulsifier, Water. Fried in Canola Oil. **Medium Sauce** Water, Sugar, Vinegar, Tomato Paste, Cayenne Pepper Sauce red peppers, vinegar, water, salt, garlic powder, Salt, Maltodextrin, Modified Corn Starch, Vegetable Oil, shortening (canola oil, modified palm oil and palm kernel oil) Canola Oil, Concentrated lime juice Soy lecithin, Sodium benzoate, Potassium sorbate, Spices and spice extracts, Natural Flavor, Xanthan gum dehydrated onion, Dehydrated garlic. **Blue Cheese Dressing:** Water, Soybean Oil, Vinegar, Blue Cheese (Milk, Salt, Bacterial Culture, Calcium Chloride, Microbial Enzyme, Penicillium Roqueforti), Sugar, Salt, Modified Corn Starch, Frozen Egg Yolk, Xanthan Gum, Worcestershire Sauce [Vinegar, Blackstrap Molasses, Glucose-Fructose, Anchovies (Fish), Salt, Tamarind, Shallots, Garlic, Spices, Flavour, Seasoning], Garlic Powder, Mustard Flour, Potassium Sorbate, Sodium Benzoate, Onion Powder, Natural And Artificial Flavour, Spices, Phospholipase, Calcium Disodium EDTA. **Carrot. Celery. PARSLEY, RANCH DRESSING:** CANOLA OIL, WATER, FROZEN EGG YOLK, BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE), WHITE VINEGAR, SUGAR, SALT, DRIED GARLIC, MODIFIED MILK INGREDIENTS, DRIED ONION, NATURAL FLAVOUR, LACTIC ACID, SPICES, MUSTARD FLOUR, XANTHAN GUM. CANOLA OIL. CHIVES.  
**ALLERGEN WARNING:** CONTAINS MILK, EGG, SOY, WHEAT. SULPHATES AND MUSTARD.

### Crispy Calamari

Ingredients: **Crispy Calamari:** Marinated Calamari (Calamari [Shellfish/Crustacean], Buttermilk [Milk Ingredients, Salt, Bacterial Culture **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper. Fried in Canola Oil. **Dungloe Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Cream, Milk, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Sodium Citrate, Sodium Phosphate, Bacterial Culture), Dill Pickles (Cucumbers, Water, Vinegar, Salt, Calcium Chloride, Potassium Sorbate, Spices, Garlic, Mustard Seeds, Turmeric, Polysorbate 80), Horseradish (Horseradish, Water, White Vinegar, Modified Hydrogenated Vegetable Oil, Salt, Sugar, Xanthan Gum, Colour, Polysorbate 80, Artificial Oil Of Mustard, Sulphites, Capers (Capers, Water, Salt, Vinegar), Dijon Mustard (Water, Mustard Seeds, Vinegar, Salt, Potassium Metabisulphite [Sulphites], Citric Acid), Tabasco Sauce (White Vinegar, Red Peppers, Salt), Lemon Juice, Dill Weed, Salt, Black Pepper, Paprika. Lemon, Green Onion, **Banana Peppers** water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Seasoning, Sulphites Polysorbate 80, may contain mustard.

**ALLERGY WARNING:** Contains Crustaceans, Egg, Milk, Mustard, Shellfish, Soy, Sulphites, Wheat

### Beer Brined Chicken Wings

Ingredients: **Beer Brined Wings: Chicken Wings** (Wing Drumettes, Wing Flats), Seasoned Flour (Enriched Wheat Flour, Salt, Black Pepper), **Chicken broth/stock** [Water, Broth concentrate {Chicken stock, Natural flavour, Salt, Chicken fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (xanthan gum, propylene glycol alginate)}], **Alexander Keiths** Water, Malted Barley, Hop Extract, Natural Flavours, Contains Barley. Carrot. Celery. **Garlic Peppercorn Ranch Dressing:** Water, Soybean Oil, Vinegar, Sugar, Salt, Frozen Egg Yolk, Dehydrated Garlic, Black Peppercorns, Xanthan Gum, Propylene Glycol Alginate, Dehydrated Onion, Potassium Sorbate, Sodium Benzoate, Concentrated Lemon Juice, Flavour (Contains Soy Lecithin), Yeast Extract, Phospholipase, Calcium Disodium EDTA. **Blue Cheese Dressing:** Water, Soybean Oil, Vinegar, Blue Cheese (Milk, Salt, Bacterial Culture, Calcium Chloride, Microbial Enzyme, Penicillium Roqueforti), Sugar, Salt, Modified Corn Starch, Frozen Egg Yolk, Xanthan Gum, Worcestershire Sauce [Vinegar, Blackstrap Molasses, Glucose-Fructose, Anchovies (Fish), Salt, Tamarind, Shallots, Garlic, Spices, Flavour, Seasoning], Garlic Powder, Mustard Flour, Potassium Sorbate, Sodium Benzoate, Onion Powder, Natural And Artificial Flavour, Spices, Phospholipase, Calcium Disodium EDTA. **Allergy Warning: Gluten, Barley, Hops, Fish, Mustard**

Choice of: **RANCH DRESSING:** CANOLA OIL, WATER, FROZEN EGG YOLK, BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE), WHITE VINEGAR, SUGAR, SALT, DRIED GARLIC, MODIFIED MILK INGREDIENTS, DRIED ONION, NATURAL FLAVOUR, LACTIC ACID, SPICES, MUSTARD FLOUR, XANTHAN GUM. ALLERGEN STATEMENT: CONTAINS MILK, EGG, AND MUSTARD. **BLUE CHEESE DRESSING:** CANOLA OIL, BUTTERMILK (SKIM MILK, BACTERIAL CULTURES), **BLUE CHEESE** (PASTEURIZED MILK, SALT, BACTERIAL CULTURES, CALCIUM CHLORIDE, MICROBIAL ENZYMES, PENICILLIUM ROQUEFORTI), WATER, VINEGAR, FROZEN EGG YOLK, SALT, SUGAR, CULTURED SKIM MILK AND SKIM MILK POWDER, FLAVOUR, MODIFIED CORN STARCH, XANTHAN GUM, ONION POWDER. **Allergy Warning:** CONTAINS MILK AND EGG. WING FLAVOURS INGREDIENTS/ALLERGEN INFORMATION:

**MILD SAUCE:** WATER, VINEGAR, SUGAR, TOMATO PASTE, CAYENNE PEPPER SAUCE (CAYENNE RED PEPPERS, VINEGAR, WATER, SALT, GARLIC POWDER), CANOLA OIL, VEGETABLE OIL SHORTENING (CANOLA OIL, MODIFIED PALM AND PALM KERNEL OILS), SALT, MODIFIED CORN STARCH, SODIUM BENZOATE, SPICE AND SPICE EXTRACT, SOY LECITHIN, XANTHAN GUM, MONO- AND DIGLYCERIDES (SOY), MUSTARD FLOUR, DEHYDRATED ONION, DEHYDRATED GARLIC, DISODIUM INOSINATE, DISODIUM GUANYLATE. **Allergy Warning:** CONTAINS SOY AND MUSTARD.

**BUFFALO MEDIUM SAUCE:** FRANKS RED HOT SAUCE: AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT, NATURAL FLAVOUR AND GARLIC POWDER. BUTTER (MILK). ALLERGEN STATEMENT: CONTAINS MILK. HOT BBQ SAUCE: AGED CAYENNE RED PEPPERS, VINEGAR, WATER, SALT, NATURAL FLAVOUR AND GARLIC POWDER. ALLERGEN STATEMENT: NONE. SALT & PEPPER: SALT. BLACK PEPPER. **Allergy Warning:** NONE.

**Jameson BBQ Sauce:** Crushed tomatoes ( tomatoes, citric acid), Ketchup( tomato paste[Tomatoes], liquid sugar, white vinegar, salt, onion powder, spices), Molasse, Honey, Brown sugar, Apple juice ( apple juice from concentrate [water, concentrated apple juice], apple juice not from concentrate, vitamin C), Cider vinegar, Chipotle sauce ( Chipotle peppers, distilled vinegar, water, salt, sugar, onion powder, garlic powder, spices, natural flavour, pepper Pulp [Red Pepper, Distilled vinegar, salt] ) , Jameson Whisky, Worcestershire sauce (water, white vinegar, blackstrap molasses, glucose-fructose, salt, soy sauce [water, salt, hydrolyzed soy protein, corn syrup, caramel], caramel, tamarind concentrate, anchovies , spices, polysorbate 80, oleoresin capsicum, garlic extract, soy flour), Sriracha sauce ( chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulphites, xanthan gum), Xanthan gum, Soya sauce ( water, hydrolysed soy proteins, salt, caramel colour[sulphites], glucose solids, sodium benzoate, citric acid), natural smoked flavour, Onion salt( salt, onions, tricalcium phosphate, sunflower oil), Garlic, Smoked paprika, Black pepper. **Allergy Warning:** Fish, Soy, sulphites.

**Jameson Honey Garlic:** Glucose-fructose, water, modified corn starch, vinegar, brown sugar soy sauce (water, wheat, soybeans, salt, sodium benzoate) honey dehydrated garlic, hydrolyzed yeast protein, flavors, salt, potassium, sorbate, sodium benzoate, colour (caramel), citric acid, disodium inosinate, disodium guanylate. Jameson Whiskey (malted barley, maize, water **Allergy Warning:** soy, wheat, barley, sulphites

**Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), Allergen **Statement:** Contains Sulphites

**Hot and Honey:** Frank's Red-Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Serrano Chili Pepper, Lemon Juice, Lime Juice, Canola Oil, Kosher Salt, Black Pepper. Honey **Allergy Warning:** Sulphites

### **Jameson Chicken Bites:**

Boneless Skinless: **Jameson Chicken Bites:** Chicken Thigh, Canola Oil, Buttermilk [Milk Ingredients, Salt, Bacterial Culture]), **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper. **Jameson Honey Garlic:** Glucose-fructose, water, modified corn starch, vinegar, brown sugar soy sauce (water, wheat, soybeans, salt, sodium benzoate) honey dehydrated garlic, hydrolyzed yeast protein, flavors, salt, potassium, sorbate, sodium benzoate, colour (caramel), citric acid, disodium inosinate, disodium guanylate. Jameson Whiskey (malted barley, maize, water **Green Onion, Sesame Seeds.**

**Allergy Warning:** Sesame, Fish, Milk, Soy, Sulphites, Wheat, Mustard, Barley

### **French Onion Soup**

Ingredients: **FRENCH ONION SOUP:** ONIONS, WATER, RED WINE (SULPHITES), BEEF BASE [COOKED BEEF IN BEEF STOCK, SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA OIL, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR (CELERY)], CANOLA OIL, GARLIC, THYME, BASIL. .], **Sourdough:** Enriched Flour (Wheat, Barley), Water, Light Rye Flour, Sourdough (Fermented Rye Flour, Salt), Vegetable Oil, Yeast, Sea Salt, Enzyme Preparation (Enzymes, Salt), Cultured Wheat Starch, Malted Barley Flour, Citric Acid, Ascorbic Acid. (MILK). PROVOLONE CHEESE (MILK).

**Allergy Warning:** CONTAINS MILK, SOY, WHEAT, AND SULPHITES.

### **Triple Dill-d Fried Pickles**

Breaded Dill Pickle Spears: Pickles (Cucumbers, Water, Salt, Vinegar, Lactic Acid, Garlic, Sodium Benzoate, Spices, Natural Flavours, Turmeric, Polysorbate 80), Water, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Whey Powder, Soybean Oil, Spices, Sugar, Sunset Yellow FCF, Tartrazine, Yeast. Fried in Canola Oil. Honey Dill Sauce: Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Honey, Mustard (White Vinegar, Water, Mustard Seeds, Salt, Turmeric, Natural Flavour, Spices), Dill.

**Allergy Warning:** Egg, Milk, Mustard, Soy, Wheat

### **Mini Quesadillas**

INGREDIENTS: **Cajun Chicken:** Boneless Skinless Chicken Thigh, Canola Oil, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), **Flour Tortilla:** Wheat Flour, Water, Canola/Modified Palm Oil Shortening, Mono- And Diglycerides, Salt, Baking Powder, Calcium Propionate, Rice Flour, Sugar, Fumaric Acid, Sorbic Acid, Cellulose Gum, Guar Gum, Potassium Sorbate, Enzymes (Sodium Chloride, Wheat Starch), L-Cysteine (Vegetable Sourced). **Marble Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, **Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin Cooking Spray: Canola Oil, Isobutane, Soy Lecithin, Propane, Dimethicone.

**Allergy Warning:** Contains Milk, Soy, Wheat, Sulphites

### **Mini Yorkies**

INGREDIENTS: **MINI YORKIE SHELLS:** ENRICHED WHEAT FLOUR, WATER, EGG WHITES, RAPESEED OIL, EGG, SKIMMED MILK POWDER, SALT. **SHEPHERDS PIE FILLING:** GROUND BEEF, GROUND LAMB, WATER, GRAVY [(WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]], PEAS, CORN, WHITE ONION, CARROTS, CELERY, RED WINE, MODIFIED CORN STARCH, CANOLA OIL, BEEF BASE [COOKED BEEF IN BEEF STOCK, SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA

OILS, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR], THYME, DIJON MUSTARD ( water, mustard seeds, vinegar, salt, sulphites, Citric acid) SALT AND BLACK PEPPER FRANKS RED HOT SAUCE ( Aged Cayenne red peppers, vinegar, water, salt, garlic powder, Cheddar Cheese: partly skimmed milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride. Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley. **MASHED POTATOES:** POTATOES, BUTTER, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY.**

**Allergy Warning** CONTAINS MILK, EGG, SOY, WHEAT, AND SULPHITES MUSTARD.

### **Roasted Mushroom Soup**

Ingredients: **Vegan Roasted Mushroom Soup:** Reconstituted Vegetable Stock [Water, Vegetable Stock Concentrate [Vegetable Juice (Tomato, Mushroom, Onion, Carrot, Celery)], Sugar, Maltodextrin, Salt, Yeast Extract]), Button Mushroom, Portobello Mushroom, White Onion, Celery, White Wine (Sulphites), Potato, Olive Oil, Canola Oil, Margarine [Vegetable Oil (Canola Oil, Modified Palm And Palm Kernel Oils), Water, Salt, Vegetable Monoglycerides, Sunflower Lecithin, Sodium Benzoate, Citric Acid, Natural Flavour, Colour (Annatto And Turmeric), Vitamin A Palmitate, Vitamin D2], Cholula Hot Sauce [Water, Peppers (Arbol And Piquin), Salt, Vinegar, Spices, Xanthan Gum], Salt, Black Pepper, Parsley, Dried Bay Leaf, Frozen Thyme

**Allergy Warning:** Contains Sulphites

### **Pub Nachos**

Ingredients: **Fried Tortilla Chips:** Corn Chips (Corn, Water, Spices, FD&C Red #40, Cumin, Ground Cayenne Pepper, FD&C Blue#1, FD&C Blue#2, Calcium Hydroxide, White Corn Chips (Stone Ground Corn, Water, Sodium Propionate, Propionic Acid, Calcium Hydroxide), Salt, Black Pepper. Fried in Canola Oil. Pico De Gallo: Roma Tomato, Red Onion, Pickled Jalapeno (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin), Garlic, Canola Oil, Lime Juice, **Guinness Cheese Sauce: Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Worcestershire MALT VINEGAR (BARLEY), SPIRIT VINEGAR, WATER, REFINER'S MOLASSES, SUGAR, SALT, ANCHOVIES (FISH), TAMARIND EXTRACT, ONIONS, GARLIC, SPICE, NATURAL FLAVOUR. **Garlic, Thyme, Onion, Guinness** roasted barley, malted barley, hops, yeast, water **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), Salt. **Shredded Cheese Blend:** Pizza Mozzarella Cheese (Pasteurised Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Cellulose, Natamycin), Pub Mix Cheddar Cheese Blend (Pasteurized Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Colour, Cellulose, Natamycin). **Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, Cajun Seasoning (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), Salt, Black Pepper, Sugar, Smoked Paprika (Smoked Paprika, Silicon Dioxide, Ethoxyquin), Citric Acid.

**Allergy Warning** Contains: Milk, Sulphites.

### **Spinach & Artichoke Dip**

**ALLERGEN WARNING:** Contains milk, wheat.

**INGREDIENTS:** [35% cream, spinach, artichokes (artichoke, water, salt, citric acid), vegetable stock [corn syrup solids, sea salt, yeast extract (barley, wheat), sugar, dextrose, parsley, spices, vegetable oil (canola oil, extra virgin olive oil), disodium guanylate, disodium inosinate, colour, flavour (celery, garlic, onion)], cheese (milk, bacterial culture, salt, lipase, calcium chloride, enzyme, powdered cellulose, natural flavour), Romano cheese (milk, bacterial culture, salt, lipase, calcium chloride, rennet and or microbial enzyme, powdered cellulose), flour (wheat), onions, butter (milk), sour cream (cream, milk, modified milk ingredients, modified corn starch, guar gum carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture), garlic (garlic, canola oil, water, citric acid), canola oil, olive oil,

tabasco sauce, spices]. **Shredded Cheese Blend:** Pizza Mozzarella Cheese (Pasteurised Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Cellulose, Natamycin), Pub Mix Cheddar Cheese Blend (Pasteurized Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Colour, Cellulose, Natamycin). Cream Cheese ( Salt, Bacterial culture, Carob Bean Gum, Sorbic Acid) **Fried Tortilla Chips:** Corn Chips (Corn, Water, Spices, FD&C Red #40, Cumin, Ground Cayenne Pepper, FD&C Blue#1, FD&C Blue#2, Calcium Hydroxide, White Corn Chips (Stone Ground Corn, Water, Sodium Propionate, Propionic Acid, Calcium Hydroxide), Salt, Black Pepper. Fried in Canola Oil.

**ALLERGEN WARNING:** Contains milk, wheat.

### **DARCYS DIRTY FRYS**

The Classic Poutine

Ingredients: Fries: Potatoes, Canola Oil, Hydro blend Batter, Salt, Sodium Acid Pyrophosphate, Dextrose, Emerald Foam. Fried in Canola Oil. **Gravy:** Water, Beef gravy mix [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN,CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN (SULPHITES), MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE (MFG AID), FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARMEL COLOUR (SULPHITES), AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. **CHEESE CURDS:** PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, CREAM, BACTERIAL CULTURE. CANOLA OIL. SALT, Allergy Warning: Milk, Soy, Wheat, Sulphites

### **The Great Canadian**

Ingredients: Fries: Potatoes, Canola Oil, Hydro blend Batter, Salt, Sodium Acid Pyrophosphate, Dextrose, Emerald Foam. Fried in Canola Oil. **Gravy:** Water, Beef gravy mix [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN,CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN (SULPHITES), MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE (MFG AID), FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARMEL COLOUR (SULPHITES), AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. **CHEESE CURDS:** PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, CREAM, BACTERIAL CULTURE. CANOLA OIL. SALT, **Parsley, Bacon** Pork, water, salt, sodium phosphate, sodium erythorbate, sodium nitrite, smoke. May contain sugar, brown sugar, potassium chloride, spice, flavour.

**Allergy Warning:** Milk, Soy, Wheat, Sulphites

### **The Rocking Routine**

Ingredients: Fries: Potatoes, Canola Oil, Hydro blend Batter, Salt, Sodium Acid Pyrophosphate, Dextrose, Emerald Foam. Fried in Canola Oil. **Gravy:** Water, Beef gravy mix [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN,CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN (SULPHITES), MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE (MFG AID), FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARMEL COLOUR (SULPHITES), AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. **CHEESE CURDS:** PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, CREAM, BACTERIAL CULTURE. CANOLA OIL. SALT, **Parsley Corned Beef:** Beef, Water, Salt, Flavour (Corn, Soy), Sodium Phosphate, Sugars (Sugar, Glucose Solids), Sodium Erythorbate, Sodium Nitrite, Spices, Sodium Bicarbonate **PICKLES:** CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, POTASSIUM SORBATE, SPICES, GARLIC, MUSTARD SEED. TURMERIC, POLYSORBATE 80. **Beer Mustard Aioli** ( Garlic, Oil, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), **FRANKS RED HOT SAUCE** ( Aged Cayenne red peppers, vinegar, water, salt, garlic powder, Lemon, **DIJON MUSTARD** ( water, mustard seeds, vinegar, salt, sulphites, Citric acid) **Alexander Keiths** Water, Malted Barley, Hop Extract, Natural Flavours, Contains Barley

**Allergy Warning:** Milk, Egg, Soy, Mustard, Wheat, Sulphites

### **The Shepherd's Fry**



Ingredients: Fries: Potatoes, Canola Oil, Hydro blend Batter, Salt, Sodium Acid Pyrophosphate, Dextrose, Emerald Foam. Fried in Canola Oil. **Gravy:** Water, Beef gravy mix [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN (SULPHITES), MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE (MFG AID), FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR (SULPHITES), AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. **CHEESE CURDS:** PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, CREAM, BACTERIAL CULTURE. CANOLA OIL. SALT, **Parsley, SHEPHERDS PIE FILLING:** GROUND BEEF, GROUND LAMB, WATER, GRAVY [[WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]], PEAS, CORN, WHITE ONION, CARROTS, CELERY, RED WINE, MODIFIED CORN STARCH, CANOLA OIL, BEEF BASE [COOKED BEEF IN BEEF STOCK, SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA OILS, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR], Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley THYME, DIJON MUSTARD ( water, mustard seeds, vinegar, salt, sulphites, Citric acid)

## Salads & Bowls

### Cajun Salmon Bowl

INGREDIENTS: **Atlantic Salmon** (Fish). **Cajun Seasoning:** Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour. Spinach. Avocado. **Jasmine Rice:** Jasmine Rice (White Long Grain Rice), Water, Canola Oil, Salt. Roasted Bell Pepper: Red Bell Pepper, Canola Oil, Salt, Black Pepper Red Cabbage. Corn. Cilantro. **Braised Cabbage:** Red Cabbage, Onion, Butter ( milk) Red wine vinegar {sulphites}, **Seasonal Veg:** Carrot, Broccoli, salt & pepper, **Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, Tabasco [High Fructose Corn Syrup, Red Pepper, Sugar, Distilled Vinegar, Pear Concentrate, Garlic, Water, Onion, Tabasco Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Ginger, Salt, Xanthan Gum and Spices], Garlic, Lime Juice, Cumin, Coriander, Cayenne Pepper **Pico De Gallo:** Roma Tomato, Red Onion, Pickled Jalapeno (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin), Garlic, Canola Oil, Lime Juice, **Sesame Seeds**

**Allergy Warning:** Contains Fish, Sulphites, Egg, Mustard, Sesame

### Caesar Salad (with chicken)

Ingredients: **ROMAINE LETTUCE.** Chicken Breast: Chicken, Water, Vegetable Oil, Corn Maltodextrin, Vinegar Solids, Sodium Phosphate, Salt, Dried Garlic, Honey, Horseradish Powder, Flavour, Sugar, Fructose, Onion Powder, Modified Corn Starch, Garlic Powder, Spice, Rice Starch, Xanthan Gum, Wine Solids, Sulphites, Malic Acid.),). **Crouton** Unbleached Wheat Flour, Water, Liquid Whole Eggs, Cane Sugar, Durum Wheat Semolina, Sunflower Oil, Liquid Egg Yolks, Salt, Yeast, Malted Barley Flour. May Contain Sesame. **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices. Nacho Seasoning: Cajun Seasoning (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), **Bacon** Water, Sugars (sugar\*, brown sugar\*), Salt, Potassium chloride\*, Sodium phosphate, Flavour\*, Sodium erythorbate, Sodium nitrite, Spices\*, Smoke. \*May or may not be present. PARMESAN CHEESE (MILK). ALLERGEN STATEMENT: CONTAINS MILK, FISH, EGG, SOY, WHEAT, AND MUSTARD. **Caesar Dressing,** Lemon Juice, Garlic, Salt, Pepper, Canola Oil, Grained/Grainy Mustard w/wine AR {Water, mustard seed, vinegar, salt, white wine, sugar, spices, citric acid, potassium metabisulphite. Allergen: Mustard, sulphites}, Worcestershire MALT VINEGAR (BARLEY), SPIRIT VINEGAR, WATER, REFINER'S

MOLASSES, SUGAR, SALT, ANCHOVIES (FISH), TAMARIND EXTRACT, ONIONS, GARLIC, SPICE, NATURAL FLAVOUR, **Vinegar Red Wine:** 5 ACETIC ACID, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Tabasco [High Fructose Corn Syrup, Red Pepper, Sugar, Distilled Vinegar, Pear Concentrate, Garlic, Water, Onion, Tabasco Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Ginger, Salt, Xanthan Gum and Spices],

**Allergy Warning:** CONTAINS MILK, FISH, EGG, SOY, WHEAT, AND MUSTARD.

### **Cobb Salad**

INGREDIENTS: Chicken Breast: Chicken, Water, Vegetable Oil, Corn Maltodextrin, Vinegar Solids, Sodium Phosphate, Salt, Dried Garlic, Honey, Horseradish Powder, Flavour, Sugar, Fructose, Onion Powder, Modified Corn Starch, Garlic Powder, Spice, Rice Starch, Xanthan Gum, Wine Solids, Sulphites, Malic Acid.], **Romaine Lettuce.** Cucumber.

**Hardboiled Egg.** Roma Tomato. **Bacon Chips:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate. **Marble Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin. **Honey Mustard Dressing:** **Vinegar Red Wine:** 5 ACETIC ACIDS, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Honey, Dijon Mustard (Water, Mustard Seeds, Vinegar, Salt, Potassium Metabisulphite [Sulphites], Citric Acid, Salt, Black Pepper. Salt. Black Pepper. **Blue Cheese:** **Pasteurized Milk, Salt, Bacterial Culture, Calcium Chloride, Microbial Enzyme, Penicillium Roqueforti**

**Allergy Warning:** Contains Egg, Milk, Mustard, Sulphites, Soy

### **Celtic Harvest Salad**

Ingredients: **Spinach, Arugula, kale, Heritage Blend, Red Beets, Strawberries, Red Onion, Edamame Bean (Soy), Goat Cheese** (Pasteurized Goat Milk, Salt, Bacterial Culture, Microbial Enzyme, Cellulose, Guar Gum, Xanthan Gum, Carob Gum, Potassium Sorbate), **Panko** (Toasted Wheat Crumbs, Salt, Vegetable Oil) Liquid Egg Yolks, **Raspberry Vinaigrette:** Garlic, Oil, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice, Lemon Juice, Salt, Raspberries, Sugar, Balsamic Vinaigrette: WATER, BALSAMIC VINEGAR, SOYBEAN OIL, CANOLA OIL, SUGAR, DRIED GARLIC, SALT, CAMEL COLOUR, SPICES AND HERBS, XANTHAN GUM (THICKENER), FIG JUICE CONCENTRATE, POTASSIUM SORBATE (MAINTAINS QUALITY), MUSTARD, DRIED PARSLEY, CALCIUM DISODIUM EDTA (MAINTAINS FLAVOUR). Pumpkin Seeds, Canola Oil, Sugar, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour),

Allergen Warning: Soy, Egg, Wheat, Mustard, Gluten, Sulphites

### **Fiesta Salad**

Ingredients: **Flour Tortilla:** Wheat Flour, Water, Canola/Modified Palm Oil Shortening, Mono- And Diglycerides, Salt, Baking Powder, Calcium Propionate, Rice Flour, Sugar, Fumaric Acid, Sorbic Acid, Cellulose Gum, Guar Gum, Potassium Sorbate, Enzymes (Sodium Chloride, Wheat Starch), L-Cysteine (Vegetable Sourced). **Romaine, Heritage Mix, Edamame, Corn, Pickled Jalapeno** (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin), **Marble Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin, **Avocado, Cilantro, Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, Tabasco [High Fructose Corn Syrup, Red Pepper, Sugar, Distilled Vinegar, Pear Concentrate, Garlic, Water, Onion, Tabasco Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Ginger, Salt, Xanthan Gum and Spices], Garlic, Lime Juice, Cumin, Coriander, Cayenne Pepper

## Handhelds

### **Fionn's Burger**

Ingredients: **Chuck Burger Patty:** Beef\_\_\_ Salt & Pepper. **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat flour, water, liquid egg yolk, liquid whole eggs, sunflower oil, sugar, salt, yeast, malted barley flour. May contain milk, soy, walnuts, almonds, pecans, sesame seeds **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper. **Breaded Dill Pickle Spears:** Pickles (Cucumbers, Water, Salt, Vinegar, Lactic Acid, Garlic, Sodium Benzoate, Spices, Natural Flavours, Turmeric, Polysorbate 80), Water, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Whey Powder, Soybean Oil, Spices, Sugar, Sunset Yellow FCF, Tartrazine, Yeast. Fried in Canola Oil. Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Calcium Chloride, Microbial Enzymes, Annatto. Bread & Butter Pickles: Cucumbers, Sugar/Glucose-Fructose, Water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Tartrazine, Seasoning (Mustard). Iceberg Lettuce. Red Onion. **Cheese Sauce: Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices. Salt. Black Pepper. Lettuce, Onion, Tomato. Pickles: Cucumbers, Sugar/Glucose-Fructose, Water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Tartrazine, Seasoning (Mustard)  
**Allergy Warning:** Egg, Mustard, Milk, Wheat, Sulphites, Soy, Tree Nuts

### **Pubs Bacon Cheeseburger**

**Chuck Burger Patty:** Beef\_\_\_ Salt & Pepper. **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat flour, water, liquid egg yolk, liquid whole eggs, sunflower oil, sugar, salt, yeast, malted barley flour. May contain milk, soy, walnuts, almonds, pecans, sesame seeds **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper. **Breaded Dill Pickle Spears:** Pickles (Cucumbers, Water, Salt, Vinegar, Lactic Acid, Garlic, Sodium Benzoate, Spices, Natural Flavours, Turmeric, Polysorbate 80), Water, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Whey Powder, Soybean Oil, Spices, Sugar, Sunset Yellow FCF, Tartrazine, Yeast. Fried in Canola Oil. Cheddar Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Calcium Chloride, Microbial Enzymes, Annatto. Bread & Butter Pickles: Cucumbers, Sugar/Glucose-Fructose, Water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Tartrazine, Seasoning (Mustard). Iceberg Lettuce. Red Onion. **Bacon:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate  
**Allergy Warning:** Egg, Milk, Mustard, Soy Wheat, Sulphites, Tree Nuts

### **Rodeo Burger**

Ingredients: **Horseradish Aioli** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice, Horseradish, Water, Vinegar, Vegetable Oil, Sugar, Salt, Xanthan Gum, Artificial Flavour, Titanium Dioxide, Sodium Benzoate, Sulphites. Lemon, Garlic, Salt, Pepper, Parsley. **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat **Chuck Burger Patty:** Beef\_\_\_ Salt & Pepper flour, water, liquid egg yolk, liquid whole eggs, sunflower oil, sugar, salt, yeast, malted barley flour. May contain milk, soy, walnuts, almonds, pecans, sesame seeds, Lettuce, Tomato,

**Allergy Warning:** Egg, Milk, Mustard, Soy, Wheat, Sulphites, Tree Nuts, **Bacon:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate, **Jameson BBQ Sauce:** Crushed tomatoes (tomatoes, citric acid), Ketchup (tomato paste [Tomatoes], liquid sugar, white vinegar, salt, onion powder, spices), Molasses, Honey, Brown sugar, Apple juice (apple juice from concentrate [water, concentrated apple juice], apple juice not from concentrate, vitamin C), Cider vinegar, Chipotle sauce (Chipotle peppers, distilled vinegar, water, salt, sugar, onion powder, garlic powder, spices, natural flavour), **Pickled Jalapeno** (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin), Gouda Cheese (milk ingredients, modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride), Toasted wheat crumbs with spice extractives, Water, Modified corn starch, Yellow Corn Flour, Wheat flour, Vegetable oil, Sugars (corn maltodextrin, dextrose), Soy protein isolate, Baking powder, Defatted Soy flour, Milk Ingredients, Guar gum, Dried egg white, Natural smoke flavor. Extractives of paprika, salt, smoke flavor. Extractives of paprika, salt. **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper. BUTTERMILK. Onion, **Beer Batter** (Batter Dry Mix [Wheat Flour, Corn Flour, Salt, Monocalcium Phosphate, Sodium Bicarbonate, Dextrose. May Contain Egg, Milk], Soda Water, Beer, Salt), Enriched Wheat Flour, Salt, Black Pepper. Fried in Canola Oil.

**Allergy Warning:** MILK, EGG, SOY, WHEAT AND MUSTARD, FISH, SULPHITES, TREE NUTS

### MEDITERRANEAN SMASH BURGER

INGREDIENTS: Tzatziki Aioli, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Cucumber, Garlic, Mint, Lemon Juice, Salt, Pepper, **Sour Cream:** Cream, Milk, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Sodium Citrate, Sodium Phosphate, Bacterial Culture. : GROUND BEEF, GROUND LAMB. Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley SALT. Lettuce, Red Bell Peppers, **Pickled Onion**, Red Onion, Salt, Lime Juice, Salt, Vinegar. Provolone CHEESE SLICES (MILK) **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat

**Allergy Warning:** MILK, EGG, SOY, WHEAT AND MUSTARD, SULPHITES, TREE NUTS

### Chicken Bacon Club

INGREDIENTS: Chicken Breast: Chicken, Water, Vegetable Oil, Corn Maltodextrin, Vinegar Solids, Sodium Phosphate, Salt, Dried Garlic, Honey, Horseradish Powder, Flavour, Sugar, Fructose, Onion Powder, Modified Corn Starch, Garlic Powder, Spice, Rice Starch, Xanthan Gum, Wine Solids, Sulphites, Malic Acid.), **Sourdough:** Enriched Flour (Wheat, Barley), Water, Light Rye Flour, Sourdough (Fermented Rye Flour, Salt), Vegetable Oil, Yeast, Sea Salt, Enzyme Preparation (Enzymes, Salt), Cultured Wheat Starch, Malted Barley Flour, Citric Acid, Ascorbic Acid TOMATOES. Provolone CHEESE SLICES (MILK). seeds **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper. ARUGULA. CANOLA OIL. SALT AND BLACK PEPPER.. **Bacon:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate. Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Calcium Chloride, Microbial Enzymes, Annatto

**Allergy Warning:** MILK, EGG, SOY, WHEAT, AND MUSTARD

### Chicken Bacon Club TRIO

SEASONED CHICKEN BREAST: Chicken Breast: Chicken, Water, Vegetable Oil, Corn Maltodextrin, Vinegar Solids, Sodium Phosphate, Salt, Dried Garlic, Honey, Horseradish Powder, Flavour, Sugar, Fructose, Onion Powder, Modified Corn Starch, Garlic Powder, Spice, Rice Starch, Xanthan Gum, Wine Solids, Sulphites, Malic Acid.), **Sourdough:** Enriched Flour (Wheat, Barley), Water, Light Rye Flour, Sourdough (Fermented Rye Flour, Salt), Vegetable Oil, Yeast, Sea Salt, Enzyme Preparation (Enzymes, Salt), Cultured Wheat Starch, Malted Barley Flour, Citric Acid, Ascorbic Acid TOMATOES. Provolone CHEESE SLICES (MILK). seeds **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour,

concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper. ARUGULA. CANOLA OIL. SALT AND BLACK PEPPER.. **Bacon:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate. Cheese Slice: Milk, Modified Milk Ingredients, Bacterial Culture, Calcium Chloride, Microbial Enzymes, Annatto, **House Salad** Ingredients: SPRING MIX. BALSAMIC DRESSING: CANOLA OIL, WATER, BALSAMIC VINEGAR (SULPHITES), BALSAMIC VINEGAR REDUCTION, SUGAR, GARLIC, SALT, WHITE VINEGAR, SPICES, DIJON MUSTARD (WATER, MUSTARD SEEDS, VINEGAR, SALT, TURMERIC), XANTHAN GUM. CUCUMBER, CARROTS, CHERRY TOMATO.

**Allergy Warning:** CONTAINS MUSTARD AND SULPHITES, **Vegan Roasted Mushroom Soup:** Reconstituted Vegetable Stock [Water, Vegetable Stock Concentrate [Vegetable Juice (Tomato, Mushroom, Onion, Carrot, Celery)], Sugar, Maltodextrin, Salt, Yeast Extract]), Button Mushroom, Portobello Mushroom, White Onion, Celery, White Wine (Sulphites), Potato, Olive Oil, Canola Oil, Margarine [Vegetable Oil (Canola Oil, Modified Palm And Palm Kernel Oils), Water, Salt, Vegetable Monoglycerides, Sunflower Lecithin, Sodium Benzoate, Citric Acid, Natural Flavour, Colour (Annatto And Turmeric), Vitamin A Palmitate, Vitamin D2], Cholula Hot Sauce [Water, Peppers (Arbol And Piquin), Salt, Vinegar, Spices, Xanthan Gum], Salt, Black Pepper, Parsley, Dried Bay Leaf, Frozen Thyme  
**Allergy Warning:** MILK, EGG, SOY, WHEAT AND MUSTARD, SULPHITES,

### Fried Chicken Sandwich

Ingredients: **Crispy Pickle Brined Chicken Thigh:** Chicken Thigh (Boneless Skinless Chicken Thigh), Carbonate Water, Seasoned Flour (Enriched Wheat Flour, Corn Starch Salt, Pepper), Buttermilk, BUTTERMILK (MILK INGREDIENTS, BACTERIAL CULTURE), . **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat flour, water, liquid egg yolk, liquid whole eggs, sunflower oil, sugar, salt, yeast, malted barley flour. May contain milk, soy, walnuts, almonds, pecans, sesame seeds Lettuce. Red Onion. Bread & Butter Pickles: Cucumbers, Sugar/Glucose-Fructose, Water, White Vinegar, Salt, Calcium Chloride, Sodium Benzoate, Tartrazine, Seasoning (Mustard). Garlic Spread: Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices. Nacho Seasoning: Cajun Seasoning (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), Salt, Black Pepper, Sugar, Smoked Paprika (Smoked Paprika, Silicon Dioxide, Ethoxyquin), Citric Acid. Honey Kilgour Sauce: Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Honey, Mustard (White Vinegar, Water, Mustard Seeds, Salt, Turmeric, Natural Flavour, Spices), Dill.

**Allergy Warning:** Barley, Egg, Milk, Mustard, Soy, Wheat. Tree Nuts

### Fish Tacos

Ingredients: **Fish Taco:** Haddock Fillet (Fish), **Beer Batter** (Batter Dry Mix [Wheat Flour, Corn Flour, Salt, Monocalcium Phosphate, Sodium Bicarbonate, Dextrose. May Contain Egg, Milk], Soda Water, Beer, Salt), Enriched Wheat Flour, Salt, Black Pepper. Fried in Canola Oil. **Flour Tortilla:** Wheat Flour, Water, Canola / Modified Palm Oil Shortening, Mono- And Diglycerides, Salt, Baking Powder, Calcium Propionate, Rice Flour, Sugar, Fumaric Acid, Sorbic Acid, Cellulose Gum, Guar Gum, Potassium Sorbate, Enzymes (Sodium Chloride, Wheat Starch), L-Cysteine (Vegetable Sourced). **Coleslaw:** Red Cabbage, Green Onion, Carrot, Shredded Cabbage, **Coleslaw Dressing** (Water, Soybean Oil, Sugar, Vinegar [White and Apple Cider], Salt, Frozen Egg-Yolk, Mustard Flour, Spices, Xanthan Gum, Propylene Glycol Alginate, Onion Powder, Potassium Sorbate, Sodium Benzoate, Garlic Powder, Phospholipase, Calcium Disodium EDTA). **Cilantro Pepita Sauce:** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Yolk (Egg), Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), Sour Cream (Milk), Cilantro, Tabasco [High Fructose Corn Syrup, Red Pepper, Sugar, Distilled Vinegar, Pear Concentrate, Garlic, Water, Onion, Tabasco Pepper Sauce (Distilled Vinegar, Red Pepper, Salt), Ginger, Salt, Xanthan Gum and Spices], Garlic, Lime Juice, Cumin, Coriander, Cayenne Pepper. **Pico De Gallo:** Roma Tomato, Red Onion, Pickled Jalapeno (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride,

Sodium Metabisulphite, Curcumin), Garlic, Canola Oil, Lime Juice, **Pickled Onion**, Red Onion, Salt, Lime Juice, Salt, Vinegar.

**Allergy Warning:** Egg, Fish, Milk, Mustard, Soy, Sulphites, Wheat

### **Garden Burger**

INGREDIENTS: **Harvest Patty:** Water, Dry Mix (Soy Protein, Modified Cellulose, Flavour, Salt, Hydrolyzed Corn Gluten, Malt Extract, Dried Onion, Dried Garlic, Spices, Beet Powder, Autolyzed Yeast Extract, Parsley), Fat Flakes (Partially Hydrogenated Palm Kernel Oil with Soya Lecithin), Seasoning (Salt, Spices) **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper..

**Allergy Warning:** CONTAINS MILK, EGG, SOY, WHEAT AND MUSTARD

### **Montreal Smoked Meat Grilled Cheese**

**sourdough:** Enriched Flour (Wheat, Barley), Water, Light Rye Flour, Sourdough (Fermented Rye Flour, Salt), Vegetable Oil, Yeast, Sea Salt, Enzyme Preparation (Enzymes, Salt), Cultured Wheat Starch, Malted Barley Flour, Citric Acid, Ascorbic Acid. **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), . **Marble Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin, **Beer Mustard Aioli** ( Garlic, Oil, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), FRANKS RED HOT SAUCE ( Aged Cayenne red peppers, vinegar, water, salt, garlic powder, Lemon, DIJON MUSTARD ( water, mustard seeds, vinegar, salt, sulphites, Citric acid) **Alexander Keiths** Water, Malted Barley, Hop Extract, Natural Flavours, Contains Barley **Corned Beef:** Beef, Water, Salt, Flavour (Corn, Soy), Sodium Phosphate, Sugars (Sugar, Glucose Solids), Sodium Erythorbate, Sodium Nitrite, Spices, Sodium **PROVOLONE CHEESE (MILK).** **Butter.** **DIJON MUSTARD** (water, mustard seeds, vinegar, salt, sulphites, Citric acid). **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper **Braised Cabbage:** Red Cabbage, Onion, Butter (milk) Red wine vinegar {sulphites},

**Allergy Warning:** Mustard, Egg, Milk, Soy, Wheat, Sulphites

### **Jalapeno Popper Grilled Cheese**

Ingredients: **sourdough:** Enriched Flour (Wheat, Barley), Water, Light Rye Flour, Sourdough (Fermented Rye Flour, Salt), Vegetable Oil, Yeast, Sea Salt, Enzyme Preparation (Enzymes, Salt), Cultured Wheat Starch, Malted Barley Flour, Citric Acid, Ascorbic Acid. **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), . **Cheese Slice:** Milk, Modified Milk Ingredients, Bacterial Culture, Calcium Chloride, Microbial Enzymes, Annatto. **Pickled Jalapeno** (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin **Caramelized Onions:** Onion, Milk (Butter) Sugar, Canola Oil, Jameson Whiskey (malted barley, maize, water. **Marble Cheddar Cheese Blend:** Pasteurized Milk,

Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin. Sodium. Red Pepper. Spinach. 35% cream, spinach, artichokes (artichoke, water, salt, citric acid), vegetable stock [corn syrup solids, sea salt, yeast extract (barley, wheat), sugar, dextrose, parsley, spices, vegetable oil (canola oil, extra virgin olive oil), disodium guanylate, disodium inosinate, colour, flavour (celery, garlic, onion)], cheese (milk, bacterial culture, salt, lipase, calcium chloride, enzyme, powdered cellulose, natural flavour), Romano cheese (milk, bacterial culture, salt, lipase, calcium chloride, rennet and or microbial enzyme, powdered cellulose), flour (wheat), onions, butter (milk), sour cream (cream, milk, modified milk ingredients, modified corn starch, guar gum carrageenan, carob bean gum, sodium citrate, sodium phosphate, bacterial culture), garlic (garlic, canola oil, water, citric acid), canola oil, olive oil, tabasco sauce, spices]. **Shredded Cheese Blend:** Pizza Mozzarella Cheese (Pasteurised Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Cellulose, Natamycin), Pub Mix Cheddar Cheese Blend (Pasteurized Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Colour, Cellulose, Natamycin). Cream Cheese (Salt, Bacterial culture, Carob Bean Gum, Sorbic Acid)

### Yorkshire Steak Wrap

Ingredients: **Chimichurri** canola oil, garlic, lemon, onion, parsley, cilantro, salt, red pepper, **Vinegar Red Wine:** 5 ACETIC ACID. : **Horseradish Aioli** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice, Horseradish, Water, Vinegar, Vegetable Oil, Sugar, Salt, Xanthan Gum, Artificial Flavour, Titanium Dioxide, Sodium Benzoate, Sulphites. Lemon, Garlic, Salt, Pepper, Parsley. Onion, Buttermilk, Seasoned Flour (Enriched Wheat Flour, Corn Starch Salt, Pepper), Arugula. **Steak** (Beef, oil, Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley). **Yorkshire Wrap,** Egg, Milk, Salt, Enriched Wheat Flour,

**Allergy Warning:** Mustard, Egg, Milk, Soy, Wheat, Sulphites.

### Yorkshire Chili Chicken Wrap

Ingredients: **Yorkshire Wrap,** Egg, Milk, Salt, Enriched Wheat Flour, **Chili Aioli** Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt, Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice) Red Chili Flakes, Red Pepper, Sugar, Garlic, Ginger, Tabasco Sauce (Distilled Vinegar, Red Pepper and Salt), Lemon Juice, White Pepper, Salt. Lime Juice. Soy Sauce. Water, wheat, soybeans, salt, sodium benzoate: Less than 1/10 of 1% as a preservative mixing agent., **Coleslaw:** Red Cabbage, Green Onion, Carrot, Shredded Cabbage, **Pickled Onion,** Red Onion, Salt, Lime Juice, Salt, Vinegar. **CHICKEN FINGERS:** Raw chicken,, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY, Stock,** Water, Salt, Flavour (Corn, Soy), Sodium Phosphate, Sugars (Sugar, Glucose Solids), Sodium Erythorbate, Sodium Nitrite, Spices, Sodium Bicarbonate Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Serrano Chili Pepper, Lemon Juice, Lime Juice, Canola Oil **Chicken broth/stock** [Water, Broth concentrate {Chicken stock, Natural flavour, Salt, Chicken fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (xanthan gum, propylene glycol alginate)}]. **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper. **Hot and Honey:** Frank's Red-Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Serrano Chili Pepper, Lemon Juice, Lime Juice, Canola Oil, Kosher Salt, Black Pepper. Honey **Allergy**

**Allergy Warning:** Mustard, Egg, Milk, Soy, Wheat, Sulphites.

## Entrees

### Chicken Tenders & Pub Fries

INGREDIENTS: FRIES: POTATOES, VEGETABLE OIL (CONTAINS SOY), SODIUM ACID PHYROPHOSPHATE, DEXTROSE. **CHICKEN FINGERS:** Raw chicken,, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY, Stock,** Water, Salt, Flavour (Corn, Soy), Sodium Phosphate, Sugars (Sugar, Glucose Solids), Sodium Erythorbate, Sodium Nitrite, Spices, Sodium Bicarbonate Frank's Red Hot Sauce (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic

Powder), Serrano Chili Pepper, Lemon Juice, Lime Juice, Canola Oil **Chicken broth/stock** [Water, Broth concentrate {Chicken stock, Natural flavour, Salt, Chicken fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (xanthan gum, propylene glycol alginate)}], **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper  
**PLUM SAUCE:** SUGAR/GLUCOSE-FRUCTOSE, WATER, CORN SYRUP, PLUM PUREE, PUMPKIN, VINEGAR, MODIFIED CORN STARCH, ORANGE PEEL, CITRIC ACID, CONCENTRATED ORANGE JUICE, SALT, SODIUM CITRATE, GARLIC AND ONION POWDER, SPICES, CARAMEL COLOUR. **Coleslaw: Shredded Cabbage,** Red Cabbage, Green Onion, Carrot  
**Coleslaw Dressing** (Water, Soybean Oil, Sugar, Vinegar [White and Apple Cider], Salt, Frozen Egg-Yolk, Mustard Flour, Spices, Xanthan Gum, Propylene Glycol Alginate, Onion Powder, Potassium Sorbate, Sodium Benzoate, Garlic Powder, Phospholipase, Calcium Disodium EDTA).

**Allergy Warning: MILK, EGG, SOY AND WHEAT, MUSTARD**

### **Buffalo Ranch Tenders**

**INGREDIENTS:** Raw chicken, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY, Corned Beef:** Beef, Water, Salt, Flavour (Corn, Soy), Sodium Phosphate, Sugars (Sugar, Glucose Solids), Sodium Erythorbate, Sodium Nitrite, Spices, Sodium Bicarbonate **Frank's Red Hot Sauce** (Aged Cayenne Red Peppers, Vinegar, Water, Salt, Natural Flavour and Garlic Powder), Serrano Chili Pepper, Lemon Juice, Lime Juice, Canola Oil **Chicken broth/stock** [Water, Broth concentrate {Chicken stock, Natural flavour, Salt, Chicken fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (xanthan gum, propylene glycol alginate)}], **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper Fried in Canola Oil. **Fries:** Potatoes, Vegetable Oil (Canola, Palm, Soybean and/or Sunflower Oil), Modified Food Starch (Potato, Corn, Tapioca), Rice Flour, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, Xanthan Gum. Fried in Canola Oil. **Medium Wing Sauce:** Water, Vinegar, Cayenne Pepper Sauce (Cayenne Red Peppers, Vinegar [Sulphites], Water, Salt, Garlic Powder), Sugar, Tomato Paste, Canola Oil, Vegetable Oil Shortening (Canola, Modified Palm and Palm Kernel Oil), Salt, Modified Corn Starch, Spices, Spice Extract, Sodium Benzoate, Soy Lecithin, Xanthan Gum, Mono- And Diglycerides, Mustard Flour, Dehydrated Onion, Dehydrated Garlic, Disodium Inosinate, Disodium Guanylate. **Ranch Dressing:** Water, Corn Syrup, Soybean Oil, Vinegar, Egg Yolks, Modified Corn Starch, Salt, Sugar, Garlic Juice, Phosphoric Acid, Xanthan Gum, Natural Flavours (Milk), Yeast Extract, Colour, Potassium Sorbate, Polysorbate 60, Dried Garlic, Spices, Lemon Juice Concentrate, Dried Parsley, Lactic Acid, Calcium Disodium EDTA, Silicon Dioxide., Canola Oil (Canola Oil, Dimethylpolysiloxane, Citric Acid). **Bacon Pieces:** Pork, Water, Salt, Sugar, Artificial Smoke Flavour, Sodium Phosphate, Sodium Nitrite. May Contain Dextrose, Sodium Ascorbate, Sodium Erythorbate. **Green Onion. Coleslaw: Shredded Cabbage,** Red Cabbage, Green Onion, Carrot **Coleslaw Dressing** (Water, Soybean Oil, Sugar, Vinegar [White and Apple Cider], Salt, Frozen Egg-Yolk, Mustard Flour, Spices, Xanthan Gum, Propylene Glycol Alginate, Onion Powder, Potassium Sorbate, Sodium Benzoate, Garlic Powder, Phospholipase, Calcium Disodium EDTA).

**Allergy Warning:** Egg, Milk, Mustard, Soy, Sulphites, Wheat.

### **Chicken Schnitzel Entree**

**Ingredients:** : **Chicken Breast:** Chicken, Water, Vegetable Oil, Corn Maltodextrin, Vinegar Solids, Sodium Phosphate, Salt, Dried Garlic, Honey, Horseradish Powder, Flavour, Sugar, Fructose, Onion Powder, Modified Corn Starch, Garlic Powder, Spice, Rice Starch, Xanthan Gum, Wine Solids, Sulphites, Malic Acid., **Braised Cabbage:** Red Cabbage, Onion, Butter ( milk) Red wine vinegar {sulphites}, **Seasoned Flour** (Enriched Wheat Flour, Corn Starch Salt, Pepper), Salt, Black Pepper. **Seasonal Veg:** Green Beans, Red Pepper, **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices, Onion, Canola Oil **Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Citric Acid), **Beer Mustard Aioli** ( Garlic, Oil, Mayonnaise (Soybean Oil, Water, Frozen Whole Egg, Frozen Egg Yolk, Vinegar, Salt,



Sugar, Mustard Flour, Concentrated Lemon Juice, Calcium Disodium EDTA, Spice), FRANKS RED HOT SAUCE ( Aged Cayenne red peppers, vinegar, water, salt, garlic powder, Lemon, DIJON MUSTARD ( water, mustard seeds, vinegar, salt, sulphites, Citric acid) **Alexander Keiths** Water, Malted Barley, Hop Extract, Natural Flavours, Contains Barley **MASHED POTATOES:** POTATOES, BUTTER, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY,** Provolone CHEESE SLICES (MILK).

**Allergy Warning:** Mustard, Milk, Sulphites, Soy, Wheat

### Guinness Mac and Cheese

Ingredients: **Cavatappi** Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid.

**Guinness Cheese Sauce: Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Worcestershire MALT VINEGAR (BARLEY), SPIRIT VINEGAR, WATER, REFINER'S MOLASSES, SUGAR, SALT, ANCHOVIES (FISH), TAMARIND EXTRACT, ONIONS, GARLIC, SPICE, NATURAL FLAVOUR **Garlic, Thyme, Onion, Guinness** roasted barley, malted barley, hops, yeast, water **Cholula Hot Sauce** Water, Peppers (Arbol and Piquin), Salt, Vinegar, Spices and Xanthan Gum. **Parmesan Cheese** (Pasteurized Milk, Salt, Calcium Chloride, Microbial Enzyme, Bacterial Culture, Lipase, Cellulose, Natamycin), Canola Oil. **Pickled Jalapeno** (Jalapeno Peppers, Water, Salt, Acetic Acid, Citric Acid, Sodium Benzoate, Potassium Sorbate, Calcium Chloride, Sodium Metabisulphite, Curcumin **Caramelized Onions:** Onion, Milk (Butter) Sugar, Canola Oil, Jameson Whiskey (malted barley, maize, water. White Wine, **Salt, Bacterial Culture, Microbial Enzyme, Cellulose, Guar Gum, Xanthan Gum, Carob Gum, Potassium Sorbate), Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Citric Acid), **Garlic. Parmesan Romano Cheese:** Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Parmesan Flavour. **Marble Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin. Sodium. **Cajun Chicken:** Boneless Skinless Chicken Thigh, Canola Oil, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), pepper Pulp [Red Pepper, Distilled vinegar, salt], **Taco Beef,** Ground Beef **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), pepper Pulp [Red Pepper, Distilled vinegar, salt, **Naan Bread** Enriched wheat flour, Buttermilk (milk ingredients, bacterial culture), Water, Soybean and/or canola oil, Liquid whole egg, Sugar, Baking powder, Salt, Cultured wheat flour, Ghee (clarified butter), Wheat gluten, Yeast, Amylase. Contains: Wheat, Milk, Eggs. May contain: Sesame seeds, Soy. **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour),

**Allergy Warning:** Wheat, Milk, Gluten, Egg, Sulphites, Soy

### Fish and Chips

INGREDIENTS: **HADDOCK (FISH):** COD (CONTAINS WATER, SALT), BEER BATTER (SODA WATER, AMBER LAGER, WHEAT FLOUR, MODIFIED CORN STARCH, PAPRIKA, BAKING POWDER, SALT), WHEAT FLOUR, SALT AND BLACK PEPPER. FRIES: POTATOES, VEGETABLE OIL (CONTAINS SOY), SODIUM ACID PHYROPHOSPHATE, DEXTROSE.

**Coleslaw:** CABBAGE, CARROTS. **DUNGLOE SAUCE:** MAYO (SOYBEAN OIL, FROZEN EGG WHITE, WATER, OLEORESIN PAPRIKA, MUSTARD FLOUR, EGG YOLK FLAVOUR, BETA CAROTENE, CALCIUM DISODIUM EDTA, WHITE VINEGAR, SALT, LEMON JUICE CONCENTRATE, SUGAR, FOOD STARCH, XANTHAN GUM, POTASSIUM SORBATE), SOUR CREAM (MILK), PICKLES (CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, POTASSIUM SORBATE, SPICES, GARLIC,

MUSTARD SEED, TURMERIC, POLYSORBATE 80), LEMON JUICE, CAPERS (CONTAIN WATER, SALT, VINEGAR), PREPARED HORSERADISH (HORSERADISH, WATER, WHITE VINEGAR, MODIFIED HYDROGENATED VEGETABLE OIL, SALT, SUGAR, XANTHAN GUM, COLOUR, POLYSORBATE 80, ARTIFICIAL OIL OF MUSTARD, SULPHITES), DIJON MUSTARD, SALT, BLACK PEPPER, PAPRIKA, TABASCO SAUCE (WHITE VINEGAR, RED PEPPERS, SALT), DILL. COLESLAW DRESSING: WATER, SOYBEAN OIL, SUGAR, VINEGAR, SALT, FROZEN EGG YOLK, SPICES, XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, DEHYDRATED ONION, POTASSIUM SORBATE, SODIUM BENZOATE, DEHYDRATED GARLIC, PHOSPHOLIPASE, CALCIUM DISODIUM EDTA, COLOUR. CANOLA OIL. SALT.

**Allergy Warning:** FISH, MILK, EGG, SOY, WHEAT, MUSTARD, AND SULPHITES.

### **Guinness Steak and Mushroom Bowl**

INGREDIENTS: **STEAK GUINNESS FILLING:** BEEF, WATER, MUSHROOMS, GUINNESS BEER, ONIONS, TOMATO PASTE, GRAVY MUSTARD [WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES], BEEF BASE [COOKED BEEF IN BEEF STOCK, Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA OILS, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR (CELERY)], CANOLA OIL, RED WINE VINEGAR, SALT AND BLACK PEPPER, BROWN SUGAR. **YORKSHIRE BOWL:** WHEAT FLOUR, WATER, LIQUID WHOLE EGG, LIQUID EGG WHITE, SKIM MILK POWDER, SALT, CANOLA OIL. **MASHED POTATOES:** POTATOES, BUTTER, BUTTERMILK, SALT, BLACK PEPPER.

**Allergy Warning:** CONTAINS MILK, EGG, SOY, WHEAT AND SULPHITES, MUSTARD

### **Guinness Steak and Mushroom Pie**

INGREDIENTS: **STEAK GUINNESS FILLING:** BEEF, WATER, MUSHROOMS, GUINNESS BEER, ONIONS, TOMATO PASTE, GRAVY MUSTARD [WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES], BEEF BASE [COOKED BEEF IN BEEF STOCK, Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA OILS, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR (CELERY)], CANOLA OIL, RED WINE VINEGAR, SALT AND BLACK PEPPER, BROWN SUGAR. **Pie Dough:** WHEAT FLOUR, WATER, LIQUID WHOLE EGG, MILK, Butter, SALT. **MASHED POTATOES:** POTATOES, BUTTER, BUTTERMILK, SALT, BLACK PEPPER.

**Allergy Warning:** CONTAINS MILK, EGG, SOY, WHEAT AND SULPHITES, MUSTARD

### **Ribs**

INGREDIENTS: **Fries** (Potatoes, Canola Oil, Batter, Salt, Sodium Acid Pyrophosphate, Dextrose), **Baby Back Ribs**, **Jameson BBQ Sauce:** Crushed tomatoes ( tomatoes, citric acid), Ketchup( tomato paste[Tomatoes], liquid sugar, white vinegar, salt, onion powder, spices), Molasse, Honey, Brown sugar, Apple juice ( apple juice from concentrate [water, concentrated apple juice], apple juice not from concentrate, vitamin C), Cider vinegar, Chipotle sauce ( Chipotle peppers, distilled vinegar, water, salt, sugar, onion powder, garlic powder, spices, natural flavour, pepper Pulp [Red Pepper, Distilled vinegar, salt] ) , Jameson Whisky, Worcestershire sauce (water, white vinegar, blackstrap molasses, glucose-fructose, salt, soy sauce [water, salt, hydrolyzed soy protein, corn syrup, caramel], caramel,

tamarind concentrate, anchovies , spices, polysorbate 80, oleoresin capsicum, garlic extract, soy flour), Sriracha sauce ( chili, sugar, salt, garlic, vinegar, potassium sorbate, sodium bisulphites, xanthan gum), Xanthan gum, Soya sauce ( water, hydrolysed soy proteins, salt, caramel colour[sulphites], glucose solids, sodium benzoate, citric acid), natural smoked flavour, Onion salt( salt, onions, tricalcium phosphate, sunflower oil), Garlic, Smoked paprika, Black pepper. Contain: Fish, Soy, sulphites. **Tomato Ketchup** [Tomato Paste (Made From Fresh Ripe Tomatoes), Liquid Sugar, White Vinegar, Salt, Onion Powder, Spices], **Coleslaw**: COLESLAW DRESSING: WATER, SOYBEAN OIL, SUGAR, VINEGAR, SALT, FROZEN EGG YOLK, SPICES, XANTHAN GUM, PROPYLENE GLYCOL ALGINATE, DEHYDRATED ONION, POTASSIUM SORBATE, SODIUM BENZOATE, DEHYDRATED GARLIC, PHOSPHOLIPASE, CALCIUM DISODIUM EDTA, COLOUR. CANOLA OIL. SALT. Coleslaw: CABBAGE, CARROTS. Green Onion, Red Cabbage, **Beer Brined Wings**: Chicken Wings (Wing Drumettes, Wing Flats), Seasoned Flour (Enriched Wheat Flour, Salt, Black Pepper), **Chicken broth/stock** [Water, Broth concentrate {Chicken stock, Natural flavour, Salt, Chicken fat, Sugar, Maltodextrin, Yeast Extract, Stabilizer (xanthan gum, propylene glycol alginate)}], **Alexander Keiths** Water, Malted Barley, Hop Extract, Natural Flavours, Contains Barley  
**Coleslaw**: CABBAGE, CARROTS. **DUNGLOE SAUCE**: MAYO (SOYBEAN OIL, FROZEN EGG WHITE, WATER, OLEORESIN PAPRIKA, MUSTARD FLOUR, EGG YOLK FLAVOUR, BETA CAROTENE, CALCIUM DISODIUM EDTA, WHITE VINEGAR, SALT, LEMON JUICE CONCENTRATE, SUGAR, FOOD STARCH, XANTHAN GUM, POTASSIUM SORBATE), SOUR CREAM (MILK), PICKLES (CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, POTASSIUM SORBATE, SPICES, GARLIC, MUSTARD SEED. TURMERIC, POLYSORBATE 80), LEMON JUICE, CAPERS (CONTAIN WATER, SALT, VINEGAR), PREPARED HORSERADISH (HORSERADISH, WATER, WHITE VINEGAR, MODIFIED HYDROGENATED VEGETABLE OIL, SALT, SUGAR, XANTHAN GUM, COLOUR, POLYSORBATE 80, ARTIFICIAL OIL OF MUSTARD, SULPHITES), DIJON MUSTARD, SALT, BLACK PEPPER, PAPRIKA, TABASCO SAUCE (WHITE VINEGAR, RED PEPPERS, SALT), DILL, Seasoned Flour (Enriched Wheat Flour, Corn Starch Salt, Pepper), Lemon, Parsley  
 SAUCE CHOICE SEE WINGS

**ALLERGEN WARNING:** Contains Soy, Egg and Mustard. Fish, Sulphites

### Shepherd's Pie

Ingredients: **SHEPHERDS PIE FILLING**: GROUND BEEF, GROUND LAMB, WATER, GRAVY [[WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]], PEAS, CORN, WHITE ONION, CARROTS, CELERY, RED WINE, MODIFIED CORN STARCH, CANOLA OIL, BEEF BASE [COOKED BEEF IN BEEF STOCK, SALT, HYDROLYZED CORN, SOY AND WHEAT PROTEINS (CONTAIN SALT, SUNFLOWER AND CANOLA OILS, DEXTROSE, HYDROGENATED SOYBEAN OIL), CORN MALTODEXTRIN, AUTOLYZED YEAST EXTRACT (CONTAINS SALT, SUNFLOWER OIL), PALM OIL SHORTENING, SUGAR, DRIED ONION, CORN OIL, POTATO STARCH, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, COLOUR, FLAVOUR], THYME, DIJON MUSTARD ( water, mustard seeds, vinegar, salt, sulphites, Citric acid) SALT AND BLACK PEPPER FRANKS RED HOT SAUCE ( Aged Cayenne red peppers, vinegar, water, salt, garlic powder, Cheddar Cheese: partly skimmed milk, modified milk ingredients, bacterial culture, salt, microbial enzyme, calcium chloride. Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley. **MASHED POTATOES**: POTATOES, BUTTER, BUTTERMILK, SALT, BLACK PEPPER. **PARSLEY**.

**Allergy Warning:** MILK, SOY, WHEAT, AND SULPHITES MUSTARD

### Steak Frites

Ingredients: **Steak** (Beef, oil, Stockton Steak Spice: Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley). **Onion Strings**: Red Onion, Seasoned Flour (Enriched Wheat Flour, Salt, Pepper) Cornstarch Buttermilk **Gravy**: Water, Beef gravy mix [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN (SULPHITES), MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE (MFG AID), FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR (SULPHITES), AUTOLYZED YEAST

EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. **Garlic Cream Sauce:** Water, Whipping Cream (Cream, Milk, Carrageenan), Margarine (Canola Oil, Water, Modified Palm and Palm Kernel Oils, Salt, Vegetable Monoglycerides, Soy Lecithin, Sodium Benzoate, Citric Acid, Artificial Flavour, Vitamin A Palmitate, Vitamin D3), Canola Oil, Modified Milk Ingredients, Dehydrated Garlic, Salt, Modified Corn Starch, Wheat Flour (Gluten), Sugar, Natural Flavour, Xanthan Gum, Monoglycerides (Soy), Black Pepper, Lactic Acid. May Contain Mustard. Citric Acid), **Stockton Steak Spice:** Sea Salt, Black Pepper, Szechuan Pepper, Pink Pepper, White Pepper Parsley, . **Fries: Potatoes,** Vegetable Oil (Canola, Palm, Soybean, and/or Sunflower Oil), Modified Food Starch (Potato, Corn, Tapioca), Salt, Parsley. **Garlic Spread:** Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices, Whiskey, Black Pepper, Honey, Corn Starch, Salt. **Parmesan Romano Cheese:** Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Powdered Cellulose, Parmesan Flavour  
**Allergy Warning:** Soy, Mustard, Sulphites, Milk.

## Sides

**Seasonal Veg: Seasonal Veg: Red Pepper Green Beans,** salt & pepper, Garlic Spread: Margarine (Soybean Oil, Palm Oil and Modified Palm Oil, Salt, Modified Milk Ingredients, Soy Lecithin, Vegetable Monoglycerides, Natural Flavour, Annatto, Turmeric, Vitamin A Palmitate, Vitamin D3), Water, Garlic (Garlic, Canola Oil, Water, Citric Acid), Parmesan Cheese (Milk, Modified Milk Ingredients, Bacterial Culture, Salt, Lipase, Calcium Chloride, Rennet and/or Microbial Enzyme, Cellulose Powder, Natural Flavour), Spices, Onion, Canola Oil,  
**Allergy Warning:** Milk, Sulphites

**Caesar Salad: ROMAINE LETTUCE. CAESAR DRESSING:** CANOLA OIL, WATER, FRESH GARLIC, FROZEN EGG YOLK, PARMESAN CHEESE (MILK), CONCENTRATED LEMON JUICE, SEASONINGS [CONTAINS ANCHOVIES (FISH)], SALT, DIJON MUSTARD (WATER, MUSTARD SEEDS, VINEGAR, SALT, TURMERIC), SPICES, CURED ANCHOVIES (FISH), XANTHAN GUM. BACON: PORK, WATER, SALT, SUGAR, SMOKE FLAVOUR, SODIUM PHOSPHATE, SODIUM NITRITE, MAY CONTAIN: DEXTROSE, SODIUM ASCORBATE, SODIUM ERYTHORBATE. CROUTONS: WHEAT FOUR, CANOLA AND /OR OLIVE OIL, SALT, WHOLE WHEAT FLOUR, SUGAR, RICE FLOUR, YEAST, GARLIC POWDER, ROMANO CHEESE From Cow AND sheep milk Parsley Onion Powder, Yeast Extract, ASCORBIC ACID, SOYBEAN OIL, PARTIALLY HYDROGENATED SOYBEAN OIL. PARMESAN CHEESE (MILK).  
**Allergy Warning:** CONTAINS MILK, FISH, EGG, SOY, WHEAT, AND MUSTARD.

**Fries:. Fries: Potatoes,** Vegetable Oil (Canola, Palm, Soybean, and/or Sunflower Oil), Modified Food Starch (Potato, Corn, Tapioca),  
**Allergy Warning:** Soy

### House Salad

INGREDIENTS: SPRING MIX. BALSAMIC DRESSING: CANOLA OIL, WATER, BALSAMIC VINEGAR (SULPHITES), BALSAMIC VINEGAR REDUCTION, SUGAR, GARLIC, SALT, WHITE VINEGAR, SPICES, DIJON MUSTARD (WATER, MUSTARD SEEDS, VINEGAR, SALT, TURMERIC), XANTHAN GUM. CUCUMBER, CARROTS, CHERRY TOMATO.

**Allergy Warning:** CONTAINS MUSTARD AND SULPHITES

### Mashed Potatoes & Gravy

INGREDIENTS: MASHED POTATOES: POTATOES, BUTTER, BUTTERMILK, SALT, WHITE PEPPER. GRAVY: WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]

**Allergy Warning:** CONTAINS MILK, SOY, WHEAT, AND SULPHITES.

**Poutine:**

INGREDIENTS: FRIES: POTATOES, VEGETABLE OIL (CONTAINS SOY), SODIUM ACID PHOSPHATE, DEXTROSE. GRAVY: WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]. CHEESE CURDS: PASTEURIZED MILK, MODIFIED MILK INGREDIENTS, CREAM, BACTERIAL CULTURE. CANOLA OIL. SALT.

**Allergy Warning:** CONTAINS MILK, SOY, WHEAT, AND SULPHITES.

**Sweet Potato Fries**

INGREDIENTS: FRIES: SWEET POTATOES, VEGETABLE OIL (CANOLA AND/OR SOYBEAN AND/OR COTTONSEED AND/OR SUNFLOWER AND/OR CORN), MODIFIED CORN STARCH, MODIFIED POTATO STARCH, SUGAR, RICE FLOUR, POTATO DEXTRIN, FIBRE (PEA, CORN), MOLASSES POWDER (REFINERS SYRUP, MOLASSES), SALT, BAKING POWDER, SODIUM PHOSPHATE, PAPRIKA AND TURMERIC EXTRACTIVES, XANTHAN GUM. LACTATE]. CANOLA OIL. SALT. **Burger Sauce:** Allergens: Mustard, egg, soy, sulphites - Mayonnaise [Soybean oil, water, frozen whole egg, frozen yolk (egg), vinegar, salt, sugar, mustard flour, concentrated lemon juice, calcium disodium EDTA, spices, Allergens: Mustard, soy, egg, sulphites], Red and green onion, Capers [Capers, water, salt, vinegar], Garlic, Lemon juice, Chipotle Peppers in Adobo- Roland [Chipotle Peppers, Water, Vinegar, Sugar, Salt, Tomato Paste, Smoke Essence, Onion, Potassium Sorbate, Garlic. May contain sulphites], Dijon mustard-Knorr [Water, mustard seeds, vinegar, apple cider vinegar, salt, potassium metabisulfite. contain sulphites], Salt, Pepper

**Allergy Warning:** CONTAINS MILK, EGG, SOY, WHEAT, AND MUSTARD.

**Chips & Guac**

INGREDIENTS: TORTILLA CHIPS: STONE GROUND YELLOW CORN, SALT, CORN OIL, CALCIUM HYDROXIDE, CANOLA OIL, BLACK PEPPER. GUACAMOLE: HASS AVOCADOS, TOMATO, ONION, JALAPENO, SALT, CILANTRO, SUGAR, ASCORBIC ACID, JALAPENO CHILI POWDER, DEHYDRATED GARLIC, DEHYDRATED ONION, CITRIC ACID, DEHYDRATED LIME JUICE. Allergy Warning: NONE

**Gravy**

GRAVY: WATER, GRAVY MIX [WHEAT FLOUR, MODIFIED CORN STARCH, HYDROLYZED SOY AND CORN PROTEIN, CANOLA AND/OR PALM AND/OR PALM KERNEL OIL SHORTENING, CORN MALTODEXTRIN, MODIFIED MILK INGREDIENTS, SALT, POTATO STARCH, SUGAR, SILICON DIOXIDE, FLAVOUR (HYDROLYZED CORN AND SOY PROTEIN, AUTOLYZED YEAST EXTRACT), CARAMEL COLOUR, AUTOLYZED YEAST EXTRACT, ONION POWDER, BEEF FAT, SPICES, SULPHITES]

**Allergy Warning:** CONTAINS MILK, SOY, WHEAT, AND SULPHITES.

## Dessert

**Apple Pie**

Ingredients: **Pie Dough:** WHEAT FLOUR, WATER, LIQUID WHOLE EGG, MILK, Butter, SALT, Apple Pie Filling, Apple, Sugar, Butter (Milk), Cinnamon, Ginger, Vanilla WATER, ALCOHOL, CARAMEL COLOUR, ARTIFICIAL FLAVOUR, Ginger. ICE CREAM: MODIFIED MILK INGREDIENTS, SUGAR, CORN SYRUP SOLIDS, STABILIZER (MONO- AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, POLYSORBATE 80, CARAGEENAN,) ARTIFICIAL FLAVOUR (CONTAINS TARTRAZINE, CARAMEL COLOUR). **Caramel Topping:** Sugar/Glucose-Fructose, Sweetened Condensed Whole Milk, Water, Butter

(Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour. Cinnamon (Cinnamon, High Oleic Sunflower Oil). Icing Sugar: Sugar, Granulated Sugar.

**Allergy Warning:** Soy, Milk, Sulphites, Whey, Wheat

#### **Mini Donuts Chocolate & Caramel**

Ingredients: **Donuts** Enriched Wheat Flour, Water, Palm Oil Shortening, Sugars (Sugar Dextrose, Dried Honey,) Yeast, Salt, Soy Flour, Sodium, Acid, Pyrophosphate, Vegetable Oil (canola and or soybean oil) Whey Powder, Soy Lecithin, Sodium Stearoyl, Lactylate, Calcium Propionate, Amylase, Acetylated Tartaric Acid, Esters. Cinnamon (Cinnamon, High Oleic Sunflower Oil). Icing Sugar: Sugar, Granulated Sugar. **CHOCOLATE SAUCE:** SUGAR/GLUCOSE-FRUCTOSE, WATER, COCOA, BUTTER, CHOCOLATE LIQUOR, CARRAGEENAN, POTASSIUM SORBATE, SALT, CARBOXYMETHYL CELLULOSE, SOY LECITHIN. **Caramel Topping:** Sugar/Glucose-Fructose, Sweetened Condensed Whole Milk, Water, Butter (Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour.

**Allergy Warning:** Milk, Sulphites, Whey, Wheat

#### **Mini Donuts Raspberry & Baileys**

Ingredients: **Donuts** Enriched Wheat Flour, Water, Palm Oil Shortening, Sugars (Sugar Dextrose, Dried Honey,) Yeast, Salt, Soy Flour, Sodium, Acid, Pyrophosphate, Vegetable Oil (canola and or soybean oil) Whey Powder, Soy Lecithin, Sodium Stearoyl, Lactylate, Calcium Propionate, Amylase, Acetylated Tartaric Acid, Esters. Icing Sugar: Sugar, Granulated Sugar, **Raspberry Coulis** Strawberries, Corn Starch Raspberries, Sugar, **Baileys Icing** Irish Cream Liqueur,, Vanilla WATER, ALCOHOL, CAMEL COLOUR, ARTIFICIAL FLAVOUR, Sugar Icing.

**Allergy Warning:** Milk, Sulphites, Whey, Wheat

#### **White Chocolate Cheesecake:**

**Cream Cheese White Chocolate Cheesecake:** Cream Cheese (Milk Ingredients, Bacterial Culture, Salt, Guar Gum, Locust Bean Gum), White Chocolate (Sugar, Cocoa Butter, Milk Ingredients, Soy Lecithin, Vanilla Extract), Sugars (Sugar, Liquid Invert Sugar), Chocolate Cookie Crumb (Rice Flour, Sugar, Tapioca Starch, Palm Oil, Cocoa Processed with Alkali, Corn Starch, Salt, Chocolate Liquor, Natural Flavour, Sodium Bicarbonate, Soy Lecithin), Liquid Whole Egg, Cream (Cream, Milk, Dextrose, Carrageenan), Sour Cream (Skim Milk, Cream, Milk Protein Concentrate, Skim Milk Powder, Microbial Enzyme, Bacterial Culture), Palm and Canola Oil Margarine, Gluten Free Flour (White Rice Flour, Corn Starch, Tapioca Starch, Xanthan Gum), Flavour. **Vanilla whipping cream:** Whipping cream, sugar, vanilla **Raspberry Coulis** Strawberries, Corn Starch Raspberries, Sugar,

**Allergy Warning:** Tree Nuts, Milk, Soy, Egg, Soy, Contains less than 20ppm wheat.

#### **Carrot Caramel Cheesecake**

Ingredients: Cream Cheese ( milk ingredients, bacterial culture, salt, guar gum, propylene glycol alginate, xanthan gum, carrageenan, carob bean gum), Sour Cream ( skim milk, cream, protein concentrate, skim milk, powder, microbial enzyme, bacteria culture) Pineapple, Whole Wheat Flour, Caramel ( glucose, water, sugar milk ingredients, brown sugar, palm oil, modified palm kernel oil, salt, flavor, modified corn starch, pectin, potassium sorbate, sodium phosphate, soy lecithin carrageenan) Liquid whole egg, Carrot, Graham Crackers, ( enriched flour graham flour, sugar, palm oil, molasses, honey, salt, sodium bicarbonate) Canola Oil, Palm and canola oil, Margarine, Walnuts, Baking Powder, Flavour, Spice Salt. **Caramel Topping:** Sugar/Glucose-Fructose, Sweetened Condensed Whole Milk, Water, Butter (Milk), Salt, Pectin, Disodium Phosphate, Citric Acid, Artificial Flavour. **Vanilla whipping cream:** Whipping cream, sugar, vanilla **CHOCOLATE SAUCE:** SUGAR/GLUCOSE-FRUCTOSE, WATER, COCOA, BUTTER, CHOCOLATE LIQUOR, CARRAGEENAN, POTASSIUM SORBATE, SALT, CARBOXYMETHYL CELLULOSE, SOY LECITHIN

**Allergy Warning:** Tree Nuts (walnuts), Pineapple, Milk, Egg, Soy, Wheat

### Ice Cream

INGREDIENTS: ICE CREAM: MODIFIED MILK INGREDIENTS, SUGAR, CORN SYRUP SOLIDS, STABILIZER (MONO- AND DIGLYCERIDES, CELLULOSE GUM, GUAR GUM, POLYSORBATE 80, CARAGEENAN,) ARTIFICIAL FLAVOUR (CONTAINS TARTRAZINE, CARAMEL COLOUR).

Allergy Warning: CONTAINS MILK.

### Sticky Toffee Pudding

**INGREDIENTS: Ginger Caramel Spice Cake:** Sugars (Granulated Sugar, Demerara Sugar, Yellow Sugar, Liquid Glucose), Pumpkin, Apples (Apples, Ascorbic Acid, Salt, Citric Acid), Butter (Milk), Eggs, Wheat Flour, Canola Oil and Palm Oil Margarine, Water, Cream, Chopped Ginger, Buttermilk Powder, Spices, Whipping Cream (Cream, Milk, Carrageenan), Whey Powder, Skim Milk Powder, Sodium Bicarbonate, Soy Lecithin, Modified Corn Starch, Salt, Natural Vanilla Flavour. **French Vanilla Ice Cream:** Cream, Sugar, Modified Milk Ingredients, Corn Syrup Solids, Stabilizer, Base [Glucose, Fructose, Natural and Artificial Flavour, Potassium Sorbate, Artificial Colour (Tartrazine, Sunset Yellow)], Artificial Flavour. **Whipped Topping:** Water, Hydrogenated Vegetable Oil (Palm, Palm Kernel, Coconut, and/or Cottonseed), Glucose Syrup, Sugar, Dried Cream (Milk), Sodium Caseinate (A Milk Derivative), Skim Milk Powder, Dextrose, Natural Flavour, Polysorbate 60, Sorbitan Monostearate, Guar Gum, Xanthan Gum, Colour).

**Mint. Icing Sugar.**

**ALLERGEN WARNING:** Contains Egg, Milk, Soy, Wheat.

## Kids Menu

### Kids Burger

Ingredients: BURGER PATTY: BEEF. **Glossy Egg Bun:** Allergens: Treenuts, sesame, milk, egg, soy, Wheat-Unbleached wheat flour, water, liquid egg yolk, liquid whole eggs, sunflower oil, sugar, salt, yeast, malted barley flour. May contain milk, soy, walnuts, almonds, pecans, sesame seeds TOMATOES. ICEBERG LETTUCE. BUTTER (MILK). SALT AND BLACK PEPPER.

**Allergy Warning:** CONTAINS MILK, EGG, AND WHEAT. Treenuts

### Kids Chicken Tenders

Ingredients: MARINATED CHICKEN: SEASONED CHICKEN BREAST (CHICKEN, WATER, SALT, SODIUM PHOSPHATE, SOY PROTEIN PRODUCT), BUTTERMILK. COATING: WHEAT FLOUR, TOASTED WHEAT CRUMBS WITH SPICE EXTRACTIVE, SALT, SPICES, VEGETABLE OIL. PLUM SAUCE: SUGAR/GLUCOSEFRUCTOSE, WATER, CORN SYRUP, PLUM PUREE, PUMPKIN, VINEGAR, MODIFIED CORN STARCH, ORANGE PEEL, CITRIC ACID, CONCENTRATED ORANGE JUICE, SALT, SODIUM CITRATE, GARLIC AND ONION POWDER, SPICES, CARAMEL. FRIES: POTATOES, VEGETABLE OIL (CONTAINS SOY), SODIUM ACID PHYROPHOSPHATE, DEXTROSE. CUCUMBER. CANOLA OIL. SALT.

**Allergy Warning:** CONTAINS MILK, SOY, AND WHEAT

### Kids Fish & Chips

INGREDIENTS: **Haddock (FISH):** (CONTAINS WATER, SALT), BEER BATTER (SODA WATER, AMBER LAGER, WHEAT FLOUR, MODIFIED CORN STARCH, PAPRIKA, BAKING POWDER, SALT), WHEAT FLOUR, SALT, AND BLACK PEPPER. FRIES: POTATOES, VEGETABLE OIL (CONTAINS SOY), SODIUM ACID PHYROPHOSPHATE, DEXTROSE. **Coleslaw:** CABBAGE, CARROTS. **DUNGLOE SAUCE:** MAYO (SOYBEAN OIL, FROZEN EGG WHITE, WATER, OLEORESIN PAPRIKA, MUSTARD FLOUR, EGG YOLK FLAVOUR, BETA CAROTENE, CALCIUM DISODIUM EDTA, WHITE VINEGAR, SALT, LEMON JUICE CONCENTRATE, SUGAR, FOOD STARCH, XANTHAN GUM, POTASSIUM SORBATE), SOUR CREAM (MILK), PICKLES (CUCUMBERS, WATER, VINEGAR, SALT, CALCIUM CHLORIDE, POTASSIUM SORBATE, SPICES, GARLIC, MUSTARD SEED. TURMERIC, POLYSORBATE 80), LEMON JUICE, CAPERS (CONTAIN WATER, SALT, VINEGAR), PREPARED HORSERADISH (HORSERADISH, WATER, WHITE VINEGAR, MODIFIED HYDROGENATED VEGETABLE OIL, SALT, SUGAR, XANTHAN GUM, COLOUR, POLYSORBATE 80, ARTIFICIAL OIL OF MUSTARD, SULPHITES), DIJON MUSTARD, SALT, BLACK PEPPER, PAPRIKA, TABASCO SAUCE (WHITE VINEGAR, RED PEPPERS, SALT), DILL. COLESLAW DRESSING: WATER, SOYBEAN OIL, SUGAR, VINEGAR, SALT, FROZEN EGG YOLK, SPICES, XANTHAN GUM, PROPYLENE

GLYCOL ALGINATE, DEHYDRATED ONION, POTASSIUM SORBATE, SODIUM BENZOATE, DEHYDRATED GARLIC, PHOSPHOLIPASE, CALCIUM DISODIUM EDTA, COLOUR. CANOLA OIL. SALT.

**Allergy Warning:** FISH, MILK, EGG, SOY, WHEAT, MUSTARD, AND SULPHITES.

#### **Kids Pasta Cheese Cavatappi**

Ingredients: **Cavatappi** Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid.

**Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin. Sodium.

**Allergy Warning:** Wheat, Milk, Gluten, Egg, Sulphites, Soy

#### **Kids Quesadillas**

INGREDIENTS: **Cajun Chicken:** Boneless Skinless Chicken Thigh, Canola Oil, **Cajun Seasoning** (Spices, Salt, Garlic Powder, Onion Powder, Herbs, Vegetable Oil, Silicon Dioxide, Natural Flavour), **Flour Tortilla:** Wheat Flour, Water, Canola/Modified Palm Oil Shortening, Mono- And Diglycerides, Salt, Baking Powder, Calcium Propionate, Rice Flour, Sugar, Fumaric Acid, Sorbic Acid, Cellulose Gum, Guar Gum, Potassium Sorbate, Enzymes (Sodium Chloride, Wheat Starch), L-Cysteine (Vegetable Sourced). **Marble Cheddar Cheese Blend:** Pasteurized Milk, Modified Milk Ingredient, Bacterial Culture, Salt, Calcium Chloride, Microbial Enzyme, Annatto (Colour), Cellulose, Natamycin\ Sour Cream: Cream, Milk, Skim Milk Powder, Modified Corn Starch, Guar Gum, Carrageenan, Carob Bean Gum, Sodium Citrate, Sodium Phosphate, Bacterial Culture. Green Onion. . **Cooking Spray:** Canola Oil, Isobutane, Soy Lecithin, Propane, Dimethicone.

**Allergy Warning:** Contains Milk, Soy, Wheat, Sulphites